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Foot Tracing

Standing up, trace patient foot with thin marker keeping vertical at all times.

Mark middle of 1st and 5th toe joints where they attach to the foot. Have the patient sit down and put foot in neutral (restful) position.

Measure circumferences sitting down: PULL THE TAPE FAIRLY TIGHT!!!

DO BOTH FEET SEPARATELY!!!

WE NEED TO KNOW MEASUREMENTS TO THE NEAREST MILLIMETER!!!

